

אָבִינוּ מַלְכֵנוּ, חֲנֻנוּ וְעֲנֵנוּ, כִּי אֵין בָּנוּ מַעֲשִׂים:
עֲשֵׂה עִמָּנוּ צְדָקָה וְחֶסֶד וְהוֹשִׁיעֵנוּ:

Avinu Malkeinu, honeinu ve-aneinu, ki eyn banu ma'asim
Aseh imanu tzedaka vahesed vehoshi'enu

Our Parent, our Guide, grace us and answer us, for we have no
accomplishments. May you accomplish along with us, justice
and loving action, and respond to our cry for help.

MAY WE ALWAYS HAVE ENOUGH

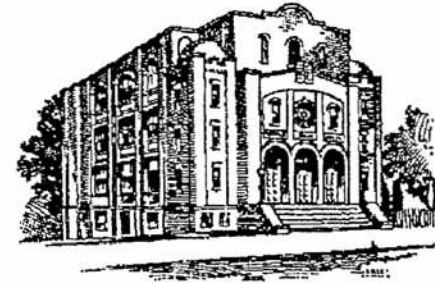
May you always have -
Enough happiness to keep you sweet,
Enough trials to keep you strong,
Enough hope to keep you happy
Enough failure to keep you humble
Enough success to keep you eager
Enough friends to give you comfort
Enough wealth to meet your needs,
Enough enthusiasm to look forward
Enough faith to banish depression
Enough determination to make each day better than yesterday
And let us all say: Amen

**I am casting away from myself all of my transgressions to
make place within myself for a new heart and a new spirit.**

אֱלֹהֵי, נְשָׁמָה שֶׁנָּתַתָּ בִּי טְהוֹרָה הִיא

Elohai neshama she-na-tah-tah bee tehorah hee

My God, the soul you placed in me is pure



Temple B'nai Brith

201 Central Street ~ Somerville, MA 02145
617-625-0333 ~ tbb@templebnaibrith.org

תַּשְׁלִיךְ Tashlich

מִי אֵל כְּמוֹךָ נִשְׂא עוֹן וְעֹבֵר עַל פְּשָׁע לִישְׂאֵרִית נִתְלַתּוּ לֹא הִתְזַיֵּק לְעַד אִפּוּ כִּי תִפֶּן
חֶסֶד הוּא: יָשׁוּב יִרְחַמֵּנוּ יִכְבֹּשׂ עֲוֹנוֹתֵינוּ וְתִשְׁלִיךְ בְּמַצְלוֹת יָם כָּל חַטָּאתָם:

*Who is a force like you, lifting up corruption and overlooking rebellion for God's
people. God does not hold onto anger, for God wants love. God shows compassion
for those who turn; God will conquer our corruptions. And you will throw into
the depths of the sea all their errors*

Micah 7:18-19.

לְשָׁנָה טוֹבָה תִּכְתְּבוּ וְתַחַתְמוּ

L'shanah Tovah Tikateivu v'Teichateimu!

May you all be written and sealed for a good year

הַשִּׁיבֵנוּ יְיָ אֱלֹהֵינוּ וְנִשְׁוֵבָה חַדֵּשׁ יָמֵינוּ כְּקֹדֶם

Ha-shiveynu Adonai eyleha v'na-shuva,
Hadeysh yameynu k'kedem

Turn us to you, My Support, and we will turn,
Renew our days as before.

During this season of repentance, we are called upon to do T'shuvah, to return to God in sincerity and in truth. Through prayer and study, reflection and ritual, we strive to begin the New Year in a spirit of humility, and spiritual renewal.

Today we come to this body of water to perform the Tashlich ceremony, seeking, symbolically to "Cast away" our accumulated sins and transgressions, to send away our unworthy thoughts, so that we may purify our hearts and our souls, as the new year begins. As the prophet Ezekiel said:

"Throw off from yourselves all your rebellious ways, by which you have rebelled. And make yourselves a new heart and a new spirit."

The Thirteen Attributes

יְיָ אֱלֹהֵינוּ רַחוּם וְחַנּוּן. אֶרְךָ אַפַּיִם וְרַב חֶסֶד וְאֱמֶת:
נִצַּר חֶסֶד לְאֱלֹפִים. נִשָּׂא עֵוֹן וּפְשָׁע וְחַטָּאת וְנִקָּה:

Adonai Adonai Eyl rahum v'hanun, ereh apa-yim
v'rav hesed ve-emet no-tzeyr hesed la-alafim
nosey avon va-fe-sha v'hata'a v'nakey

My Support, My Support is a compassionate and gracious force, patient, and abounding in love and truth, protecting love for thousands of generations, lifting up corruption, rebellion, and error, and cleansing.

Let us cast away the sin of deception, so that we will mislead no one in word or deed, nor pretend to be what we are not.

Let us cast away the sin of vain ambition which prompts us to strive for goals which bring neither true fulfillment nor genuine contentment.

Let us cast away the sin of stubbornness, so that we will neither persist in foolish habits nor fail to acknowledge our will to change.

Let us cast away the sin of envy, so that we will neither be consumed by desire for what we lack nor grow unmindful of the blessings which are already ours.

Let us cast away the sin of selfishness, which keeps us from enriching our lives through wider concerns, and greater sharing, and from reaching out in love to other human beings.

Let us cast away the sin of indifference, so that we may be sensitive to the sufferings of others and responsive to the needs of our people everywhere.

Let us cast away the sin of pride and arrogance, so that we can worship God and serve God's purposes in humility and truth.

Psalm 121

Esa einai el heharim,
me'ayin yavo ezri
Esa einai el heharim,
me'ayin yavo ezri

I lift up my eyes unto the mountains.
From where does my help come?
I lift up my eyes unto the mountains.
From where does my help come?

Ezri me'im Adonai,
Oseh shamayim va'aretz

My help comes from My Support,
Maker of heaven and of earth.